

If you are planning a holiday it is good practice to arrange your vaccines well in advance. It can take 2 weeks for vaccines to become effective. If you are unlikely to be able to make an appointment, which is a minimum of 2 weeks before your holiday, it would be advisable to attend a private clinic.

In order to check your vaccine history and requirements we ask that you hand in our travel clinic form completed in full. **At the time of handing in your form / emailing form please ask the receptionist to arrange you appointment for the travel clinic.** Your form will be passed to our travel clinic nurse specialist, Sister Barbour. With your destination details, she will be able check your notes and assess which if any, vaccines you require.

The following vaccines are available from our travel clinic by prescription (usual NHS prescription fees apply):

- Diphtheria
- Tetanus
- Polio
- Hepatitis A
- Typhoid

Malaria protection:

Chloroquine and Proguanil are not available on NHS prescription and should be bought from a pharmacy

Any other antimalarial tablets will be supplied on a private prescription

Not all travel vaccinations are covered under the NHS and may require attendance at a private travel clinic e.g. yellow fever/rabies/men ACWY.

If a course of vaccines is required or a booster vaccine, this can be given in a routine nurse appointment.

A useful website giving advice about travel, vaccines and health cover abroad:

[www.fitfortravel.scot.nhs.uk](http://www.fitfortravel.scot.nhs.uk)



To be completed by nurse at clinic appointment

Vaccines	Date & Batch No.	Date & Batch No.	Date & Batch No.
<b>Diphtheria, Tetanus &amp; Polio</b>			
<b>Typhoid</b>			
<b>Hep A &amp; Typhoid Combined</b>			
<b>Hepatitis A</b>			
<b>Hepatitis A &amp; B Combined</b>			
<b>Hepatitis B</b>			
<b>Chloroquine</b>			
<b>Progaunil</b>		<b>Mefloquine</b>	
<b>Doxycycline</b>		<b>Malarone</b>	
		<b>None</b>	

**Check list:**

- No febrile illness
- Not pregnant
- No allergy to eggs/chicken/ antibiotics
- No steroid treatment
- No recent vaccines
- Avoid immunosuppressed Individuals

**Health Advice given:**

**Sign:**

